

# Circum-Ohio



Join us for a two week trip around the perimeter of the Great State of Ohio.

Beginning and ending in Cincinnati, Ohio, we'll tackle the hills of Southeastern Ohio, the lakefront, and the plains of Ohio's west over the course of 12 days.

Cyclists are encouraged to join us for the first week, second week or entire trip, as your schedule permits.



## Dates

This trip will begin in Cincinnati, Ohio on September 27, 2011 and conclude in the same location on October 8, 2011. The first week will terminate in Youngstown, Ohio on October 1, 2011, and the second week will begin in Youngstown, Ohio on October 3, 2011. All riders are encouraged to join us on October 2, 2011 for our day off.

## Registration & Fees

The fee for the two week trip is \$300, or \$190 for only one week, if registered and paid by August 15, 2011. Fees are \$375 and \$225 thereafter. All registrations must be completed by September 16, 2011.

All lodging and meals are included in the trip fee.

All trips will be supported by volunteer staff in automobiles, as well as a certified bicycle mechanic.

## Fundraising Goals

Riders who intend to complete the full circuit are asked to raise \$1,000 in donations for The Water Cycle Project prior to this trip. Riders who intend to complete one week are asked to raise \$500. However, any rider may set a higher or lower goal if he or she wishes.

## Recommended Preparation

Riders should spend at least 400 miles on the bike in the 4 weeks prior to this trip, including at least one 75 mile ride.

Riders should be able to comfortably complete a 20 mile ride in 75 minutes prior to this trip.

**For more information or to register, please visit [www.WaterCycleProject.org](http://www.WaterCycleProject.org), or e-mail us at [info@WaterCycleProject.org](mailto:info@WaterCycleProject.org).**